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Hello ☺

My name is **Tricia Gomez** and I’m thrilled to be working with **Pediatric Therapy Network** as I develop a new local dance program for kids with individual learning differences and special needs! While dance, in and of itself, is tons of fun, I’m committed to offering purpose-driven dance activities and routines that will complement your child’s existing therapy with the intention of moving towards their set goals!

In order to do this, it’s important that I have a clear understanding of what your goals are, and what is currently being offered during your sessions to work towards these goals. It is my hope that you will allow me to quietly sit in the corner and observe a few of your child’s sessions, and possibly join in to engage your child in a few dance related activities (with the assistance of his/her therapist).

I am a certified Rhythm Works Integrative Dance Instructor, and I am excited to see that research is connecting music, rhythm, and movement to neuroplasticity and improvement in motor function, speech, balance, and much more! Dance is a fantastic integration tool!

While I am not a licensed OT, I am an accomplished dance educator with over **20 years** of experience teaching **hip hop to kids as young as 3 year old. (add a little about your bio here)**

So what type of dance will be involved? I use everyday activities (putting your pants on, cracking a stick over your knee, stacking blocks on top of each other, playing soccer…) and turn them into developmentally appropriate hip hop steps. Basically, I turn life into dance! Each step has an easy-to-remember name and we often turn the dance into a rap using the names of the steps. The music played is family friendly and age appropriate! Also, take-home coloring pages will further instill lessons learned in the sessions!

If you have any questions or concerns, please email me at [tricia@danceinabox.com](mailto:tricia@danceinabox.com) and I will be more than happy to help.

Thank you for your time and I hope to meet you and your child soon!

Tricia ☺